

Shaolin Wushu

Training Center

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
07:30 - 08:00						
08:00 - 08:30						
08:30 - 09:00						
09:00 - 09:30						
09:30 - 10:00						Qi Gong - Tai Chi 09:00 - 10:30
10:00 - 10:30						
10:30 - 11:00						
11:00 - 11:30						
11:30 - 12:00						
12:00 - 12:30						Kung Fu 11:00 - 13:00
12:30 - 13:00	Kung Fu 12:00 - 13:30		Kung Fu 12:00 - 13:30		Kung Fu 12:00 - 13:30	
13:00 - 13:30						
13:30 - 14:00						
14:00 - 14:30						
14:30 - 15:00						
15:00 - 15:30						
15:30 - 16:00						
16:00 - 16:30						
16:30 - 17:00						
17:00 - 17:30	Kung Fu Kids (5 - 13 Jahre) 16:30 - 18:00	Kung Fu Kids (5 - 13 Jahre) 16:30 - 18:00	Kung Fu Kids (5 - 13 Jahre) 16:30 - 18:00			
17:30 - 18:00					Kung Fu Form Training 17:30 - 18:30	
18:00 - 18:30						
18:30 - 19:00	San Da 18:30 - 19:30		Qi Gong 18:30 - 19:30			
19:00 - 19:30						San Da 18:40 - 20:00
19:30 - 20:00	Power & Stretch 19:30 - 20:40	Kung Fu 19:00 - 21:00	Jumps 19:30 - 20:40	Kung Fu 19:00 - 21:00		
20:00 - 20:30						
20:30 - 21:00						