

Shaolin Wushu

Training Center

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
07:00 - 07:30						
07:30 - 08:00			Qi Gong 07:30 - 08:30			
08:00 - 08:30						
08:30 - 09:00						
09:00 - 09:30						Meditation Qi Gong 09:00 - 10:20
09:30 - 10:00						
10:00 - 10:30						
10:30 - 11:00						
11:00 - 11:30						Kung Fu 11:00 - 13:00
11:30 - 12:00						
12:00 - 12:30	Kung Fu 12:00 - 13:30		Kung Fu 12:00 - 13:30		Kung Fu 12:00 - 13:30	
12:30 - 13:00						
13:00 - 13:30						
13:30 - 14:00						
14:00 - 14:30						
14:30 - 15:00						
15:00 - 15:30						
15:30 - 16:00						
16:00 - 16:30					Kung Fu Kids (8 - 15 Jahre) 16:00 - 17:30	Kung Fu Kids (5 - 8 Jahre) 16:00 - 17:30
16:30 - 17:00						
17:00 - 17:30	Kung Fu Kids (8 - 15 Jahre) 17:00 - 18:30	Kung Fu Kids (5 - 8 Jahre) 17:00 - 18:00	Kung Fu Kids (8 - 15 Jahre) 17:00 - 18:30	Kung Fu Kids (5 - 8 Jahre) 17:00 - 18:00	Kung Fu Form Training 17:30 - 18:30	
17:30 - 18:00						
18:00 - 18:30						
18:30 - 19:00	Power & Stretch 18:30 - 19:30	Kung Fu 18:30 - 20:30		Kung Fu 18:30 - 20:30	San Da 18:30 - 20:00	
19:00 - 19:30						
19:30 - 20:00						
20:00 - 20:30						