Shaolin Wushu

Training Center

Zeit	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
07:30 - 08:00						
08:00 - 08:30						
08:30 - 09:00						
09:00 - 09:30						
09:30 - 10:00						Qi Gong 09:30 - 10:30
10:00 - 10:30		Tai Chi 10:00 - 12:00		Tai Chi 10:00 - 12:00		
10:30 - 11:00						
11:00 - 11:30						Kung Fu 11:00 - 13:00
11:30 - 12:00						
12:00 - 12:30	Kung Fu 12:00 - 13:30		Kung Fu 12:00 - 13:30	African Yoga 12:00 - 13:30	Kung Fu 12:00 - 13:30	
12:30 - 13:00						
13:00 - 13:30						
13:30 - 14:00						
14:00 - 14:30						
14:30 - 15:00						
15:00 - 15:30						
15:30 - 16:00						
16:00 - 16:30						
16:30 - 17:00						
17:00 - 17:30	Kung Fu Kids (5 - 13 Jahre) 17:00 - 18:30	Kung Fu Kids (5 - 13 Jahre) 17:00 - 18:30	Kung Fu Kids (5 - 13 Jahre) 17:00 - 18:30		Kung Fu Form Training 17:00 - 18:00	
17:30 - 18:00						
18:00 - 18:30						
18:30 - 19:00	San Da 18:30 - 20:00		Qi Gong 18:30 - 19:30		San Da 18:30 - 20:00	
19:00 - 19:30		Kung Fu 19:00 - 21:00		Kung Fu 19:00 - 21:00		
19:30 - 20:00			Kung Fu Level 2 19:30 - 21:00			
20:00 - 20:30						
20:30 - 21:00						